

# World Professional Boxing Federation



## United States Boxing Council



**WPBF**



**USBC**

### **RULES GOVERNING WOMEN'S CHAMPIONSHIP CONTESTS**

**Applicable Rules.** All WPBF sanctioned women's championship and elimination contests, which will be governed by the WPBF Rules and Regulations, and the WPBF Championship Rules. In the event of a dispute regarding the rules, guidelines or any other issue that is not clearly covered in the following rules, the supervising commission of the bout will be the final authority.

**Violations.** Any violation of the WPBF Rules & Regulations would ordinarily be cause for disqualification and/or withdrawal or suspension or other disciplinary action. A copy of the Rules & Regulations will be provided by the WPBF Supervisor at Rules Meeting, the Boxers or their authorized representatives will sign these rules, no party can claim lack of knowledge of the WPBF Rules and Regulations, as they are posted on the WPBF's official website [WWW.WPBF-USBC.COM](http://WWW.WPBF-USBC.COM)

#### **Item – 1**

The following are the duly adopted rules for the \_\_\_\_\_ Championship fight on weight \_\_\_\_\_ pounds ( \_\_\_\_ Kg), between the Champion \_\_\_\_\_ of \_\_\_\_\_ nationality, and the Challenger \_\_\_\_\_ of \_\_\_\_\_ nationality, on the \_\_\_\_ day of the month \_\_\_\_\_ of the year of \_\_\_\_\_, in the city of \_\_\_\_\_

The Championship contests will be governed by the rules and regulations of the WPBF/USBC.

#### **Item –2**

The bout will be supervised by the local Commissioner \_\_\_\_\_ and the WPBF Supervisor \_\_\_\_\_ who must be given seats at the ring apron.

**Item - 3**

All female boxers must provide a **Negative Pregnancy Test** report to the supervising commission of the bout, not more than seven (7) days prior to a bout. Any female boxer found to be pregnant will not be licensed to ring.

**Item - 4**

All female boxers must provide a **Mammogram Examination** report to the supervising commission of the bout, not more than ten (10) days prior to a bout. She will not be licensed to ring, if the breast tumor or the breast implants have been found.

**Item - 5**

The Champion \_\_\_\_\_ will wear sports bra of \_\_\_\_\_ color, and the Challenger \_\_\_\_\_ will wear sports bra of \_\_\_\_\_ color. The corner of \_\_\_\_\_ color will be for the Champion, and the corner of \_\_\_\_\_ color will be for the Challenger.

**Item - 6**

Both boxers must be present in the dressing rooms at the bout venue at least two (2) hours before the start of the bout, that is \_\_\_\_\_ o'clock and the bout will start at \_\_\_\_\_ o'clock. Only the WPBF Supervisor, local commissioner, ringside physician and referee will be allowed in the dressing rooms before the bout. Unless approved by the local boxing commission, no any spectator, Journalist or any other unauthorized person will be allowed in the dressing rooms before the bout.

**I. GENERAL RULES AND REGULATIONS**

- 1.1 All Women's Championship Contests recognized by the WPBF shall be scheduled for no more than Ten (10) rounds, Each round shall be Two (2) minutes duration, with a one (1) minute rest period between rounds.
- 1.2 The referee is the sole arbiter of a bout and is the only individual authorized to stop a contest.
- 1.3 All bouts shall be evaluated and scored by three (3) judges.
- 1.4 The 10 Point Must System will be the standard system of scoring a bout.
- 1.5 The Mandatory Eight (8) Count after knockdowns will be standard procedure in all bouts.
- 1.6 There is NO Standing Eight (8) Count.
- 1.7 There is NO Three (3) Knockdown Rule.
- 1.8 A boxer shall receive a twenty (20) second count if the boxer is knocked out of the ring and onto the floor. The boxer is to be unassisted by her seconds. If assisted by anyone, the boxer may

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lose points or be disqualified with such a decision being within the sole discretion of the referee.

- 1.9 A boxer who has been knocked down cannot be saved by the bell in any round.
- 1.10 If a boxer sustains an injury from a fair blow and the injury is severe enough to terminate the bout, the injured boxer shall lose by TKO.
- 1.11 The scorecards will be picked up after the end of each rounds, the official scorekeeper shall tally the score by rounds on a score sheet.
- 1.12 A Champion must defend her title within specified time periods provided in **Article 6** of the Rules and Regulations of the WPBF.

## **II. WEIGHT & WEIGH-IN CEREMONIES**

- 2.1 **Timing of Initial Weigh-In.** The official weigh-in shall be no less than twenty (20) nor more than twenty four (24) hours before the scheduled start time of the bout. The scales to be used at the official weigh-in must be available to both boxers at least two (2) hours prior to the official weigh-in.
- 2.2 **Weight Determines the Championship.** If either or both contestants fail to make the prescribed weight at the prearranged time for the official weigh-in, either or both of them shall have two (2) additional hours to make the prescribed weight.
- 2.3 **Champion's Failure to Make Weight.** If a Champion fails to make the prescribed weight, after the two (2) additional hours, the title shall be forfeited on the scale, but the bout may still continue take place as a twelve (12) rounds fight for the vacant title. If the Challenger having made the prescribed weight and wins the bout, the Challenger shall be declared the winner of the vacant title, but if the overweight champion wins the bout, the title shall remain vacant.
- 2.4 **Challenger's Failure to Make Weight.** If the Champion makes the prescribed weight and the Challenger fail to do so, the Champion shall retain the title, whether wins or loses the bout.
- 2.5 **Failure to Make Weight for Vacant Title or Elimination Bout.** If a contestant fail to make the prescribed weight in a fight for a vacant title or elimination bout, the bout may continue take place as a vacant title or elimination bout at the discretion of the WPBF supervisor. If a contestant who makes the weight defeats another contestant who did not make the weight, he shall be declared the winner of the vacant title or the elimination bout.
- 2.6 **Both Boxers Failure to Make Weight.** If both the contestants fail to make the prescribed weight in a fight for a vacant title or elimination bout, the sanction of the bout will be withdrawn.
- 2.7 **Weigh-ins For Postponement.** If a sanctioned bout is postponed more than 48 hours, a new weigh-in shall be necessary.

## **II. WEIGHT DIVISIONS**

- 3.1 The WPBF Women's World Championships shall be recognized in the following 16 weight divisions:

<b>Weight Division</b>	<b>Maximum Weight</b>
Heavyweight	Over 168 Lbs. (76.20 Kg)
Super Middleweight	Not over 168 Lbs. (76.20 Kg)
Middleweight	Not over 160 Lbs. (72.57 Kg)
Super Welterweight	Not over 154 Lbs. (69.85 Kg)
Welterweight	Not over 147 Lbs. (66.68 Kg)
Super Lightweight	Not over 140 Lbs. (63.50 Kg)
Lightweight	Not over 135 Lbs. (61.23 Kg)
Super Featherweight	Not over 130 Lbs. (58.97 Kg)
Featherweight	Not over 126 Lbs. (57.15 Kg)
Super Bantamweight	Not over 122 Lbs. (55.34 Kg)
Bantamweight	Not over 118 Lbs. (53.52 Kg)
Super Flyweight	Not over 115 Lbs. (52.16 Kg)
Flyweight	Not over 112 Lbs. (50.80 Kg)
Light Flyweight	Not over 108 Lbs. (48.99 Kg)
Minimumweight	Not over 105 Lbs. (47.62 Kg)

## **III. PHYSICAL EXAMINATIONS**

- 3.1. In order to protect the safety and health of the female boxers who participate in the said WPBF sanctioned championship contest, all boxers must submit to a thorough medical examination by the Ringside Physician of the local boxing commission. It will be the sole responsibility of the local boxing commission, to determine whether a boxer is physically fit by allowing to participating in the said WPBF sanctioned championship contest. If the physician's certification fails to certify that the boxer is physically fit to safely fight, the boxer will not allow participate in the said WPBF sanctioned championship contest. It will be the sole responsibility of the local boxing commission, in regards to medical matters, to approve or disapprove a boxing title bout. The WPBF recommend that each local boxing commission to consider the use of the WPBF Medical and Safety Guidelines.

## **IV. INSURANCE**

- 4.1 Each boxer shall be covered by the minimum amount of medical and life insurance that provides medical coverage for any injuries sustained during a WPBF sanctioned bout, and life insurance payable to the boxer's beneficiary in case of accidental death resulting from injuries sustained during a WPBF sanctioned bout. The Promoter must submit proof of insurance coverage to the

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local boxing commission for the verification that medical and life insurance have been obtained for each boxer no later than 4 days prior to the bout. The WPBF and USBC shall have no responsibility or liability, whatsoever, for any consequence or outcome resulting from compliance or non-compliance of these rules by the promoter, boxer, managers, trainers or local commission.

## **V. KNOCKDOWN AND KNOCKOUT**

- 5.1 A boxer shall be deemed to be down when any part of her body, except her feet are on the ring floor, or if she is still rising from the down position and not standing upright, or if she is hanging helplessly over the ropes as a result of a legal blow as ruled by the referee, who is the only person authorized to determine this.
- 5.2 The Mandatory Eight (8) Count after knockdowns will be standard procedure in the said WPBF sanctioned Championship contest, there is no standing eight (8) count, three (3) knockdowns in any one round do not automatically terminate the fight. If in the referee's judgment, which must be keen and decisive, the knockdowns have been indecisive and clearly have no injurious effect upon the boxer, the contest may continue but with good sense and judgment and the boxer's welfare always paramount.
- 5.3 When a boxer is knocked down, the referee shall audibly announce the count as he motions with his right arm downward indicating the end of each second of the count. If the boxer taking the count is still down when the referee calls the count of ten (10) the referee shall wave both arms indicate that the boxer has been knocked out.
- 5.4 When a boxer has been knocked down, the referee shall promptly order the opponent to the farthest neutral corner. If the opponent refuses to remain in the farthest neutral corner as direct by the referee, the referee shall discontinue the count and order her opponent back into the indicated corner, and then, the referee shall resume the count from the point at which it was interrupted.
- 5.5 A boxer who has fallen through the ropes and onto the floor as a result of a legal blow during the contest may not be assisted by anyone, and the referee shall start the count, which in this special case will be twenty (20) seconds. If the boxer assisted by anyone, the boxer may lose points or be disqualified with such a decision being within the sole discretion of the referee. If the boxer fail to re-enter the ring before the count of twenty (20) seconds, the referee shall wave both arms to indicate that the boxer has been knocked out.
- 5.6 The bell will not save a boxer in any round. If a boxer is "downed" just before the 3-minute bell in any round, the timekeeper shall not ring the bell, the referee shall continue the count until the contestant rises or is counted out.

## **VI. ILLEGAL BLOWS AND FOULS**

- 6.1 It is expressly understood that the championship contest will not be terminated by a low blow. The protector that must be used by both contestants is sufficient protection to withstand any so-called low blow.
- 6.2 If one of the boxers shall fall to the ring floor or otherwise indicate an unwillingness to continue because of a low-blow foul, the contest will be terminated and the referee will award the contest to the opponent.
- 6.3 In the case of an accidental foul as determined by the referee, he shall determine if the boxer who has been fouled can continue or not. If her chances have not been seriously jeopardized as a result of a foul, the referee may order the bout to continue after an interval of not more than five (5) minutes.
- 6.4 Any boxers intentional delivers illegal blows to her opponent during a contest will be penalized with loss of points or disqualification, depending upon the severity of the foul and the effect upon the opponent, subject to the referee's discretion.

## **VII. INJURIES (CUTS) SUSTAINED BY FOULS**

- 7.1 **Fair Blows.** If a boxer sustains an injury from a fair blow and the injury is severe enough to terminate the bout, the injured boxer shall lose by TKO (Technical Knockout).
- 7.2 **Intentional Fouls:**
- a) If an intentional foul causes an injury, and the injury is severe enough to terminate the bout immediately, the boxer causing the injury shall lose by Disqualification.
  - b) If an intentional foul causes an injury, and the bout is allowed to continue, the referee shall notify the authorities and deduct two (2) points from the boxer who caused the foul. Point deductions for intentional fouls will be mandatory.
  - c) If an intentional foul causes an injury and the injury results in the bout being stopped in a later round, the injured boxer will win by **TECHNICAL DECISION** if she is ahead on the score cards; and the bout will result in a **TECHNICAL DRAW** if the injured boxer is behind or even on the score cards.
  - d) If the boxer injures herself while attempting to intentionally foul her opponent, the referee will not take any action in his favor, and this injury shall be the same as one produced by a

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fair blow.

- e) If the referee feels that a boxer has conducted herself in an unsportsman-like manner, the referee may stop the bout and disqualify the boxer.

### 7.3 Accidental Fouls.

- a) If an accidental foul causes an injury severe enough for the referee to stop the bout immediately, the bout will result in a **NO DECISION** if stopped before four (4) completed rounds. Four (4) rounds are complete when the bell rings signifying the end of the fourth round.
- b) If an accidental foul causes an injury severe for the referee to stop the bout immediately after four (4) rounds have occurred, the bout will result in a **TECHNICAL DECISION** awarded to the boxer who is ahead on the score cards at the time the bout is stopped.
- c) Partial or incomplete rounds will be scored. If no action has occurred, the round should be scored as an even round. This is at the discretion of the judges.
- d) A boxer who is hit with an accidental low blow must continue after a reasonable amount of time but no more than five (5) minutes, or she will lose the fight.

## **VIII. DRUGS AND STIMULANTS**

- 8.1 The use of prohibited drugs, stimulants either before or during a bout to or by any boxer is absolutely prohibited. Any of the contestants violating this rule shall be subject to disqualification. Any substance other than plain water or an electrolyte solution approved by the ringside physician shall be given to a contestant during the course of a bout is absolutely prohibited. The discretionary use of Vaseline around the eyes is permitted, however, the use of Vaseline, grease or any other substance on the arms, legs and body is prohibited.
- 8.2 The use of coagulants, such as Adrenaline 1/1000, Avitene or Thrombin shall be allowed between rounds to stop the bleeding of minor cuts and lacerations sustained by a contestant. The use of "iron type" coagulants, such as Monsel's solution is absolutely prohibited, and the use of such coagulants to or by any contestant shall be considered a violation and shall be cause for immediate disqualification.
- 8.3 In the said WPBF sanctioned championship contest, the Anti-Doping Tests must be mandatory, each boxer is required to take a urinalysis before and/or after the fight. The specimen must be taken with a ringside physician and commission inspector on hand. The specimens should be taken in a plastic container and clearly marked by the physician and boxer.

## **IX. EMERGENCY ACCESSORIES**

9.1 The ring and seating configurations should account for the requirement to have an unobstructed, clear path to the ring for emergency purposes. This path should be wide enough to allow paramedics access to the ring with an ambulance stretcher and any necessary medical equipment. No bout shall begin or continue unless such personnel and equipment are on the premises in a state of readiness. The local commission is responsible for ensure that the following emergency medical equipment and personnel must be in place at all times during the event:

- a) An ambulance with at least two (2) licensed EMT's or paramedics, arrangements should be made to allow the ambulance to park as close to the boxing arena as possible with easy access to the main floor/ring.
- b) A portable resuscitator with all additional equipment necessary for its operation;
- c) Portable oxygen supply (put at the Commission table/ringside and one in each dressing room (total of three required).
- d) A clean stretcher and clean blanket to be located along with the ambulance attendants, at a location determined by the local commission.

## **X. RINGSIDE PHYSICIAN**

10.1 There shall be at least two (2) ringside physicians at ringside at all times, the ringside Physicians shall be seated as close as possible to the corners where the boxers sit between rounds. The ringside physician may enter the ring to examine a boxer's injury when asked by the Referee to do so and may advise his opinion on the injury to the Referee.

## **XI. WEIGHT OF GLOVES**

11.1 The weight of the gloves to be used in the said WPBF sanctioned championship contest shall be based on the weight division of sanctioned contests, as follows:

**Eight (8) Ounce gloves** shall be used for the Minimumweight up to Welterweight division;

**Ten (10) Ounce gloves** shall be used for the Super Welterweight up to Heavyweight division.

## **XII. RING COSTUMES**

12.1 All female boxers are required to provide two (2) uniforms of contrasting colors. The uniforms shall consist of a Sports Bra (Camisole) and Boxing Short (Trunk). No leotard or other such costumes are permissible.

### **XIII. HAIR & ACCESSORY**

13.1 All female boxers shall no facial cosmetics or perfume on the face or body, the necklace, ring, earrings, bracelet, hair accessories and any other plastic or metallic material are forbidden. Hair shall be safely secured with soft and non-abrasive materials that it shall not interfere with the vision or safety of either boxer. If the posterior hair length is such that its swishing effect may harm a boxer's opponent, the physician may order the posterior hair to be knotted.

### **XIV. DRESSING ROOM**

14.1 The Promoters must provide separate dressing room facilities for the female boxers.

### **XV. BANDAGES**

15.1 In all weight division the bandages shall be restricted to no more than twelve (12) yards of soft gauze, no more than two (2) inches wide. The gauze shall be held in place by no more than eight (8) feet of adhesive tape, no more than one and one (1) inch wide for each hand. The adhesive tape shall not cover any part of the knuckles when the hand is clenched to make a fist. The use of water or any other liquid or material on the tape is strictly prohibited. The Bandages shall be applied in the dressing room in the presence of an inspector and if requested, an opponent's representative. The each boxer's bandages shall be signed by the inspector of local commission.

### **XVI. PROTECTIVE EQUIPMENT**

16.1 All female boxers are required to wear a mouthpiece, breast protector (optional) and groin protectors during bout. All boxers must be prepared two (2) mouthpieces at the start of the bout, the round cannot begin without the mouthpiece. When a boxer loses her mouthpiece during a round, the Referee will call time and have another clean mouthpiece replaced at the first opportune moment, without interfering with the immediate action. Points may be deducted by the referee if the Referee feels the mouthpiece is being purposely spit out.

### **XVII. RELEASE AND WAIVER OF LIABILITY**

The Boxer fully recognize and acknowledge the inherent risks involved with the contests of professional boxing, the Boxer further expressly understands by participating in the said sanctioned event that the Boxers are engaging in an abnormally dangerous activity. The Boxer's participation may suffer a risk of severe injury, damage or death, the Boxer, with full knowledge of this risk, nonetheless, the Boxer freely and voluntarily agree to participate in the said sanctioned event, and the Boxer freely and voluntarily agree to waive and relinquish any and all claims, actions, suits, procedures, costs,



expenses, damages and liabilities of any kind or nature that the Boxer or Boxer's heirs, executors, administrators or assignees may have, or claim to have, against the WPBF or USBC and its owners, officers, directors, representative, employees and agents as the result of any injury, damage or death, resulting from Boxer's participation in the said sanctioned event or arising from traveling to and returning from said sanctioned event.

**I (We), the undersigned,** fully recognize and acknowledge the inherent risks involved with the said sanctioned event, and I hereby freely and voluntarily agree to assume all risk of any personal injury, damage or death that I may suffer as a result of participation in the said sanctioned event. I hereby freely and voluntarily agree to waive and relinquish any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities of any kind against the WPBF or USBC, and its owners, officers, directors, representative, employees, agents.

**I (We), the undersigned,** hereby agree to indemnify and hold harmless the WPBF and USBC, its owners, officers, directors, representative, employees and agents, from any and all claims and liability, actions, suits, procedures, costs, expenses, damages and liabilities of any kind or nature for any personal injury, damage or death to any third party, resulting from my activities and my participation in the said sanctioned event.

**I (We), the undersigned,** hereby acknowledge that I have carefully read and fully understand the aforementioned terms, and all of my questions have been answered to my satisfaction, I hereby agrees to respect and adhere to the WPBF and USBC's Constitution, Bylaws, Code of Ethics, the Rules and Regulations and the General Rules for governing championship contests, freely and voluntarily with complete understanding and knowledge of its significance.

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**Signature of Boxer**

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**Signature of Boxer**

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**Signature of Boxer's Representative**

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**Signature of Boxer's Representative**

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**WPBF/USBC Supervisor**

\_\_\_\_\_  
**Local Commissioner**

**Place and date:** \_\_\_\_\_